

	AWARENESS	MANAGEMENT
SELF	Student I am... Adult I see you... Knowledgeable	Student I can... Adult I believe in you... Capable
SOCIAL	Student I care... Adult I care about you... Caring	Student I will... Adult I support you... Responsible

ASD PK-12 Social & Emotional Learning (SEL) Standards

Self-Awareness

- 1A. Students demonstrate awareness of their emotions.
 "I am able to identify and communicate how I am feeling."
- 1B. Students demonstrate awareness of their personal traits.
 "I am aware of what I like and dislike as well as my strengths and challenges."
- 1C. Students demonstrate awareness of their external supports.
 "I am aware of where I can find help and support."
- 1D. Students have a sense of personal responsibility.
 "I am aware of my responsibilities at school."

Self-Management

- 2A. Students demonstrate ability to manage emotions constructively.
 "I can appropriately handle my feelings."
- 2B. Students demonstrate honesty and integrity.
 "I can act in an honest manner."
- 2C. Students use effective decision-making skills.
 "I can make appropriate decisions."
- 2D. Students demonstrate ability to set and achieve goals.
 "I can set and achieve goals that will make me more successful."

Social Awareness

- 3A. Students demonstrate awareness of other people's emotions and perspectives.
 "I care about the feelings and opinions of others."
- 3B. Students demonstrate consideration for others and a desire to positively contribute to the community.
 "I care about others and do my part to make my school community better."
- 3C. Students demonstrate an awareness of cultural issues and a respect for human dignity and differences.
 "I care about and respect the individual differences of others."
- 3D. Students can read social cues.
 "I care about how I read others and how they read me."

Social Management

- 4A. Students use positive communication and social skills to interact effectively with others.
 "I will interact appropriately with others."
- 4B. Students develop constructive relationships.
 "I will work on having positive relationships."
- 4C. Students demonstrate the ability to prevent and resolve interpersonal conflicts in constructive ways.
 "I will learn to handle conflicts in constructive ways."