

## SEL Learning Walk Anchorage School District

<b>Focus:</b>	<b>CONTENT: ASD PK---12 SEL Skills</b>
<b>PROCESS</b> What did you notice?	<p><b>C = Climate</b> – Creating a safe and respectful learning environment, which is well managed, supportive, and engaging with active participation.</p> <p><b>D = Direct Instruction</b> – Deliberately and explicitly teaching the SEL skills students need to be successful learners.</p> <p><b>I = Infusion</b> – Integrating SEL skills throughout the day and in all curriculum areas through modeling of instructional practices that promote SEL skill practice and maximize learning.</p>
What are your wonderings?	<p><b>C D I <u>Self---Awareness</u></b></p> <p><input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Labels one’s emotions (1A)</p> <p><input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Self---assesses strengths and challenges (1B)</p> <p><input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Seeks help from external supports (1C)</p> <p><input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Acts on personal responsibilities (1D)</p> <p><b>C D I <u>Self---Management</u></b></p> <p><input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Manages one’s emotions (2A)</p> <p><input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Acts with honesty and integrity (2B)</p> <p><input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Uses effective decision---making skills (2C)</p> <p><input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Sets and achieves goals (2D)</p> <p><b>C D I <u>Social Awareness</u></b></p> <p><input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Cares about the feelings and view points of others (3A)</p> <p><input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Shows consideration and contributes positively to community (3B)</p> <p><input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Appreciates diversity and respects human dignity (3C)</p> <p><input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Understands social cues for behavior (3D)</p> <p><b>C D I <u>Social Management</u></b></p> <p><input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Communicates and interacts effectively with others (4A)</p> <p><input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Builds constructive relationships (4B)</p> <p><input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Prevents and resolves conflicts (4C)</p>
<b>PURPOSE</b> What did you learn about SEL?	
How will this impact your work?	